What is claimed is:

1. A process for producing a 5-substituted-5,11-dihydro-dibenzo [b,e][1,4]oxazepine compound having the formula (3) or a stereoisomer thereof:

wherein: Y^1 is hydrogen; Y^2 is hydrogen or lower alkyl, or Y^1 and Y^2 together represent -CH₂-CH₂-CH₂ or -CH₂-CH₂-CH₂-CH₂; Y^3 is -CH₂-; - or -CH₂-CH; and R^1 to R^5 are each the same or different from one another and each represents hydrogen, halogen, lower alkyl, hydroxyl, lower alkoxyl, amino or lower alkylamino, or R^1 and R^2 , R^2 and R^3 , R^3 and R^4 or R^4 and R^5 together form -OCH₂O-;

which process comprises the steps of:

a) intramolecularly arylating a [2-(2-bromobenzyloxy)phenyl]amide compound of the formula (1):

wherein Y¹, Y² and Y³ and R¹ to R⁵ are as defined above; to form a 5,11-dihydro-dibenzo[b,e][1,4]oxazepine compound of the formula (2):

wherein Y¹, Y² and Y³ and R¹ to R⁵ are as defined above; and

- b) reducing the compound of the formula (2).
- 2. The process of Claim 1, wherein the [2-(2-bromobenzyloxy)phenyl]amide compound of the formula (1) is (R)-1-[(4-methoxyphenyl)acetyl]pyrrolidine-2-carboxylic acid [2-(2-bromo benzyloxy)phenyl]amide of the formula (4):

the 5,11-dihydro-dibenzo[b,e][1,4]oxazepine compound having the formula (2) is (R)-[[2-10 (5,11-dihydro-dibenzo[b,e][1,4]oxazepine-5-carbonyl)pyrrolidin]-1-yl]-2-(4-methoxyphenyl)ethanone of the formula (5):

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and the 5-substituted-5,11-dihydro-dibenzo[b,e][1,4]oxazepine compound of the formula (3) or the stereoisomer thereof is (R)-(+)-5,11-dihydro-5-[1-(4-methoxyphenethyl)-2-pyrrolidinylmethyl]dibenzo[b,e][1,4]-oxazepine of the formula (6):

- 3. The process of Claim 2, which comprises the steps of crystallizing (R)-[[2-(5,11-dihydro-dibenzo[b,e][1,4]oxazepine-5-carbonyl)pyrrolidin]-1-yl]-2-(4-methoxyphenyl)ethanone of the above formula (5) obtained by the intramolecular arylation, isolating and then reducing the resulting crystals.
 - 4. The process of Claim 1, wherein Y^2 is C_1 - C_4 alkyl.
 - 5. The process of Claim 1, wherein Y^3 is -CH₂-.
- 6. The process of Claim 1, wherein the compound of the formula (1) is dissolved in a solvent.
- 7. The process of Claim 6, wherein the solvent comprises toluene, pyridine, picoline, ethylpyridine, DMF or diphenyl ether.
- 8. The process of Claim 1, wherein step (a) is effected in the presence of a metal catalyst and an inorganic base under inert gas at a temperature of about 100 to 150°C.
- 9. The process of Claim 8, wherein the metal catalyst is cuprous bromide, the inorganic base is potassium carbonate and the solvent is pyridine or picoline.
 - 10. The process of Claim 1, which further comprises crystallizing the compound of

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60°C.

the formula (2) prior to reduction step (b).

- 11. The process of Claim 10, wherein the crystallization is effected in toluene.
- 12. The process of Claim 1, wherein step (b) comprises reducing the compound of the formula (2) in a solvent by adding sodium borohydride and boron trifluoride/tetrahydrofuran complex thereto under inert gas at a temperature of from about 5 to
 - 13. The process of Claim 12, wherein said solvent is tetrahydrofuran.
- 14. A process for producing (R)-(+)-5,11-dihydro-5-[1-(4-methoxyphenethyl)-2-pyrrolidinylmethyl]dibenzo[b,e][1,4]oxazepine of the following formula (6), which comprises the steps of crystallizing (R)-[[2-(5,11-dihydro-dibenzo[b,e][1,4]oxazepine-5-carbonyl)pyrrolidin]-1-yl]-2-(4-methoxyphenyl)ethanone of the following formula (5), isolating and then reducing the resulting crystals:

CH₃O (6)

15. (R)-1-[(4-Methoxyphenyl)acetyl]pyrrolidine-2-carboxylic acid [2-(2-bromobenzyloxy)phenyl]amide of the formula (4):

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16. (R)-[[2-(5,11-Dihydro-dibenzo[b,e][1,4]oxazepine-5-carbonyl) pyrrolidin]-1-yl]-2-(4-methoxyphenyl)ethanone of the formula (5):

- 17. Crystals of (R)-[[2-(5,11-dihydro-dibenzo[b,e][1,4]oxazepine-5-carbonyl)pyrrolidin]-1-yl]-2-(4-methoxyphenyl)ethanone.
- 18. The crystals of Claim 17, which satisfy at least one of the following conditions a and b:
 - a: melting point: 132 to 134°C, and
 - b: powder X ray crystal analysis: $2\theta = 7.9^{\circ} 9.0^{\circ} 14.4^{\circ} 23.8^{\circ}$
 - 19. The crystals of Claim 17, which satisfy at least one of the following conditions a
- 15 and b:
- a: melting point: 148 to 150°C, and
- b: powder X ray crystal analysis: $2\theta = 12.5^{\circ} 18.5^{\circ} 19.3^{\circ} 21.1^{\circ} 21.4^{\circ}$
- 20. The crystals of Claim 18, which satisfy both conditions a and b.
- 21. The crystals of Claim 19, which satisfy both conditions a and b.
- 20 22. A method of converting crystals of (R) -[[2-(5,11-dihydro-

dibenzo[b,e][1,4]oxazepine-5-carbonyl)pyrrolidin]-1-yl]-2-(4-methoxyphenyl)ethanone which satisfy at least one of the following conditions a and b:

a: melting point: 132 to 134°C, and

b: powder X ray crystal analysis: $2\theta = 7.9^{\circ} 9.0^{\circ} 14.4^{\circ} 23.8^{\circ}$ (crystals 1)

5 into crystals which satisfy at least one of the following conditions a and b:

a: melting point: 148 to 150°C, and

b: powder X ray crystal analysis: $2\theta = 12.5^{\circ} 18.5^{\circ} 19.3^{\circ} 21.1^{\circ} 21.4^{\circ}$ (crystals 2) which comprises the steps of suspending the crystals 1 in toluene and stirring the obtained suspension at about 10° to 50° C.